

## Residential Summer School 16<sup>th</sup> August – 19<sup>th</sup> August 2022

### Course Synopses

#### Archaeology: "Archaeology of the Borders"

**This course has a £15 supplement for the field trip**

**Tutor: Maggy Simms**

We'll look at some 6,000 years of human activity around the western Borders of modern day Scotland and England, from the rich Mesolithic finds made during the recent building of the western by-pass at Carlisle, to the medieval strongholds built to withstand the terrifying Border Reivers. Along the way we'll consider Roman graffiti, a Christian cross with a runic-inscription (Bewcastle Cross), and lots of mottes.

During the day trip on Thursday, we will visit Carlisle Castle and its museum. Sensible footwear is recommended, and clothing layers that will allow us to manage whatever the weather.

All laptops, ipads and phone use are welcomed during the course. There will be spare devices available for course attendees who do not have their own devices to use. Technical brilliance is not expected but the course will be using freely available, useful online tools for armchair archaeologists.

#### Art Challenges: "Memories of Childhood"

**Tutor: Jacqueline Cartwright**

A series of trips back into Childhood Memories. Each will have a theme, such as 'A Story' (and you can't all be Noddy fans)

As always, we will experiment with techniques, colour palettes, different scales, medium and tools.

The Course is suitable for all abilities as over-riding any skills is the willingness to open up your own Creativity, Explore & have Fun.

Very hands- on and fun ---with a little Arty information thrown in

There will be lots of support from me as well as from those in your Group. The tutor will send everyone some preschool research (in true U3A spirit) which is of course voluntary.

Students should bring A3 Art Pad 180gsm, Acrylic Paints in the 6 Primary Colours plus black & white, selection of brushes and a water pot, wax crayons if you have any but please do not buy especially, glue, a pair of scissors to cut paper and any other medium that you like to use. Also bring few pages from magazines or handmade papers with a focus on black/white/grey.

**Geology: "Evolution of the Carlisle basin"**

**Tutor: Dr Christine Arkwright**

**This course has a £15 supplement for the field trip**

The northern Lake District and areas around the Solway Firth are known by geologists as the Carlisle Basin. The varying rock types found in this area show evidence of the tectonic forces and the changing environments of deserts, deep sea and ice caps over the last 500 million years which formed the beautiful landscape we see there today.

The indoor sessions will include visual presentations and practical work using rocks, minerals and geological maps. Staying in Carlisle will allow us to visit local sites to examine evidence of how the rocks and geological features were formed. The field trip involves mostly flat walking with a little uphill on easy footpaths, some of which are rocky and may be slippery if wet. All sites will be no more than 10 mins from the coach.

This course is suitable for those who have some basic geological knowledge and also those who have very little because there will be plenty of explanation, discussion and hand outs to aid enthusiastic beginners.

**Literature: "NORTH-NORTH-WEST"**

**Tutor: Meg Shaw**

'I am but mad north-north-west; when the wind is southerly I know a hawk from a handsaw' Hamlet

The north of England has long cast its spell over literature and continues to do so. Influenced by thinkers such as J S Mill, John Ruskin, and Friedrich Engels, its stories are place specific but the human content is universal. The group will look at the north as a literary symbol, studying novels that are set in the area between the Rivers Lune and Mersey, and from the western watershed of the Pennines to the Irish Sea. We shall also take time to look at how literary fiction changed over 150 yrs. In preparation please read from this list -

Mary Barton Elizabeth Gaskell 1848

Hard Times Charles Dickens 1854

North & South Elizabeth Gaskell 1855

Wuthering Heights Emily Bronte 1855

Fame is the Spur Howard Spring 1940

Mist over Pendle Robert O' Neill 1951

Oranges are not the only fruit Jeanette Winterton 1985

An awfully big adventure Beryl Bainbridge 1989

The Loney A M Hurley 2014

**Ukulele: A Course at Intermediary Level**

**Tutor: Debra Smith**

This is a workshop for those who want to learn to play a ukulele but already have some experience. It is not for the absolute beginner but it will suit those already playing as part of a U3A group or anybody who attended the 2019 summer school beginners course.

The course will cover-

A variety of strumming techniques.

An introduction to reading and using tab notation.

Fingerpicking.

More advanced chord formations.

Please advise on enrolment whether you will be able to bring your own ukulele to the course.

**Art - Famous Art Movements.**

**Tutor: Gill Baynes**

**This course has a £15 supplement for the field trip**

This course will consider five art movements using one artist to illustrate each movement.

Thus the work of the Pre Raphaelites will be explored via the work of John Millais, Impressionism via Claude Monet's art, Post Impressionism by the works of Paul Cezanne, Cubism by Pablo Picasso, the Arts and Crafts movement via Charles Rennie Mackintosh. Other art movements that these artists have contributed to will also be illustrated. The course will involve a mixture of presentations and some group activity.

A trip out to the Arts and Crafts house Blackwell in Windermere is planned and this will add a supplement of £15 to the course fee to cover the cost of the coach and a guided tour of Blackwell.

Gill Baynes has delivered three successful Summer school courses two regarding medicine and one about Lakeland artists.

**Colourful Knitting**

**Tutor: Melinda Jackson**

For Knitters who are past the beginners' stage and are looking for more ideas and skills to include in their knitting.

I propose a session each of Mosaic knitting, Double-sided knitting, Stranded and Intarsia knitting and Illusion knitting. Students will need to bring several pairs of their own needles (or circular needles), and two or three colours of DK yarn. You may be able to swap colours with other students.

We shall have time to discuss our own adventures in knitting, so do bring some of your own work and works-in-progress for a show and tell session. and remember to have courage in your own work. as Elizabeth Zimmermann once said , "Through all crises, knit on!"