
COLOUR SUPPLEMENT

Photography Group



The Photography group has been to a variety of places in Cumbria in recent months. A great variety of subjects and techniques for different locations are on our doorstep. These are just a selection of the group's recent photographs. More are available on the Penrith and North Lakes u3a website.



Cycling Group



The Cycling group has been cycling regularly over the summer and into the autumn

Left - Near Croglin

Below – Hartside Summitt



Birdwatching Group



A selection of recent photographs of birds taken by the Birdwatching group.

Above left - Egret

Above right - Curlew

Left - Kestrel

Pottery Group

Below – a collection of recent work

